

PROGRAMS IN MEMORY OF  
**Joseph H. Levine**

## Policies

### Cancellation

When appropriate, Golden Slipper Gems will issue a credit, not a refund.

### Attendance

You can purchase the full series package that includes all courses or you can choose individual courses which spark your interest. **Please note that classes cannot be purchased on an individual basis.**

### Guests

For out-of-town guests you can purchase a class for \$5. Guest passes cannot be purchased in lieu of registration.

### Credit

Credit will not be given after the first day of classes except in the event of illness or injury. Written documentation from a physician is required.

## Secure Our Future!

Family comes first but please consider leaving a bequest to Golden Slipper Gems by adding us to your will.

**Please call Marcia Garrell at 610-359-8632 x10.**

**Program Sponsor  
Bernard and Etta  
Weinberg Fund**

**G**  
**GOLDEN SLIPPER**  
*Gems*

In Bucks County

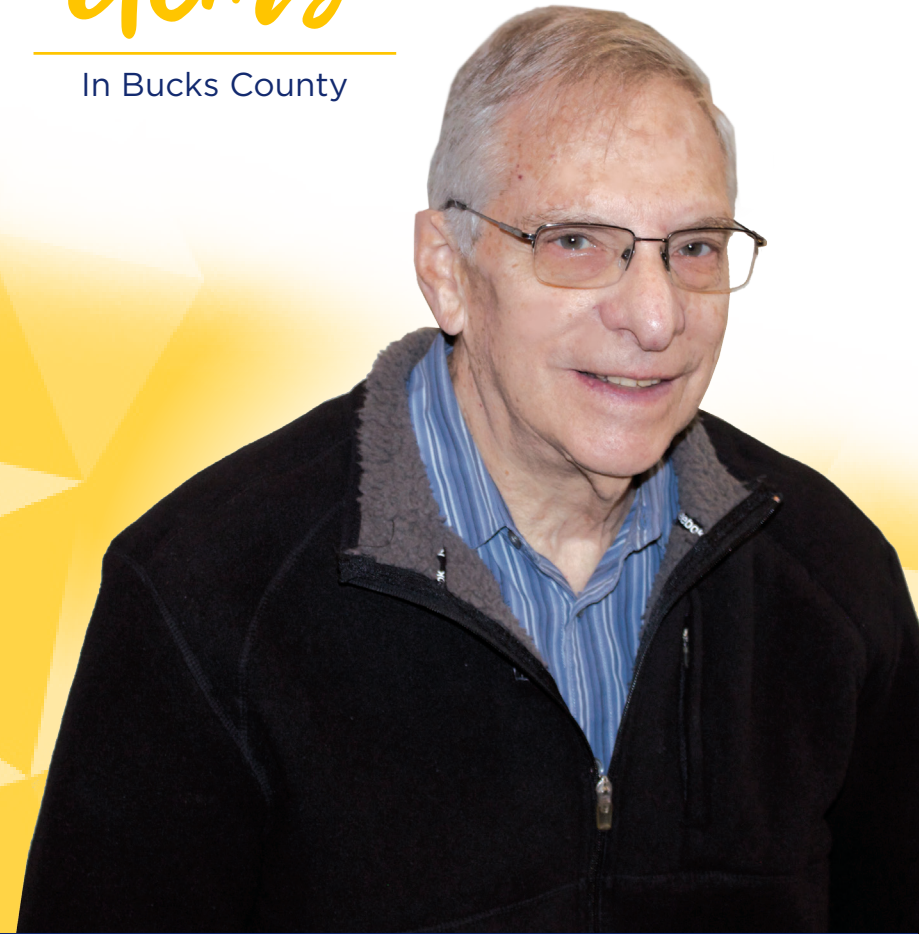
**Debbie Rose, Director**  
267-984-0722 or  
drose@goldenslipper.org

PROGRAM GUIDE

JANUARY 2019

**G**  
**GOLDEN SLIPPER**  
*Gems*

In Bucks County



Enrichment  
for Older Adults

GoldenSlipperGems.org

Enrichment  
for Older Adults

GoldenSlipperGems.org

# Welcome to Golden Slipper Gems in Bucks County.

We hope you'll take part in our enrichment programs for older adults.

## JANUARY 2019 SERIES

### MONDAYS

**3 WEEKS** January 7, 14, 28

#### Americans and the Civil War

► 10:00 AM–11:00 AM | COURSE FEE: \$24

Instructor: Herb Kaufman, Living Civil War Historian and founding member of the faculty of the Civil War Institute at Manor College.

This series will explore Americans during the Civil War. Each class will focus on different perspectives of people at that time and will include "A People at War: American Jews in the Civil War," "Hollywood and the Civil War" and "Medical Practices of the Civil War and Victorian Era".

**3 WEEKS** January 7, 14, 28

#### Israel: Behind the Headlines

► 11:15 AM–12:15 PM | COURSE FEE: \$24

Instructor: Lou Balcher, former Director of Academic Affairs, Speakers Bureau and Community Relations for the Consulate General of Israel in Philadelphia.

Listening to the news about Israel and the Middle East can be confusing and frustrating. News organizations rarely provide context, or are pushing an agenda, often from a fixed narrative that is not complimentary to Israel.

Take a trip behind the headlines to hear the personal stories and perspectives from four decades in Jewish communal work.

**3 WEEKS** January 7, 14, 28

#### Tai Chi

► 12:30 AM–1:30 PM | COURSE FEE: \$24

Instructor: Valentino Rudi, Tai Chi Expert

Tai Chi, the ancient Chinese exercise, is one of the most effective exercises for health of mind and body. This is an art which requires great depth of knowledge and skill, yet it can be easy to learn and quickly delivers its health benefits. For many, it continues as a lifetime journey. This is an opportunity to learn and practice this art that fits all ages and skills.

### THURSDAYS

**5 WEEKS** January 3 – 31

#### The Branches of Government

► 10:00 AM–11:00 AM | COURSE FEE: \$40

Instructor: Alan Gershenson, Philadelphia attorney, commercial litigator and law professor.

What is the role of the legislative and executive branches of our government? We will learn and discuss under what circumstances the court can and should or should not find legislation or executive action in violation of the constitution.

**5 WEEKS** January 3 – 31

#### Brains and Balance

► 11:15 AM–12:15 PM | COURSE FEE: \$40

Instructor: Bob Fischer, National Personal Training Institute certified Personal Trainer and Silver Sneaker instructor.

Discover how much fun brains and balance training can be while you exercise your mind and body with the specially designed curriculum just for you. This innovative workshop is a clever combination of specific activities designed to improve your memory, conceptualization and problem solving skills. In addition you'll learn easy exercises to strengthen your core.

#### Class Location

Shir Ami

101 Richboro Road, Newtown, PA

**Golden Slipper Gems** is a great place to connect with friends and meet new people. Our diverse speakers will stimulate your passion for learning and you'll keep returning to sample all that we have to offer.

For more information, visit [GoldenSlipperGems.org](http://GoldenSlipperGems.org).

# Mail-In Registration

January 2019 Registration

NAME

ADDRESS

CITY

STATE

ZIP

PHONE

EMAIL

## INDIVIDUAL COURSE SELECTION ONLY

### Mondays

- |   |      |
|---|------|
| <input type="checkbox"/> Americans and the Civil War  | \$24 |
| <input type="checkbox"/> Israel: Behind the Headlines | \$24 |
| <input type="checkbox"/> Tai Chi                      | \$24 |

### Thursdays

- |   |      |
|---|------|
| <input type="checkbox"/> The Branches of Government | \$40 |
| <input type="checkbox"/> Brains and Balance         | \$40 |

PAYMENT (total Amount Enclosed)

\$

### Mail completed form (BOTH SIDES) with payment to:

Golden Slipper Gems in Bucks County  
257 E. Lancaster Avenue, Suite 200  
Wynnewood, PA 19096

Please make checks payable to:  
Golden Slipper Gems

Or register online at [goldenslippergems.org](http://goldenslippergems.org)

### Questions?

Call Debbie Rose at 267-984-0722



In Bucks County

# SAVE THE DATE!

March Series  
March 4 – April 14, 2019