

PROGRAMS IN MEMORY OF
Joseph H. Levine

Policies

Cancellation

When appropriate, Golden Slipper Gems will issue a credit, not a refund.

Attendance

You can purchase the full series package that includes all courses or you can choose individual courses which spark your interest. **Please note that classes cannot be purchased on an individual basis unless noted.**

Guests

For out-of-town guests you can purchase a class for \$5. Guest passes cannot be purchased in lieu of registration.

Credit

Credit will not be given after the first day of classes except in the event of illness or injury. Written documentation from a physician is required.

Secure Our Future!

Family comes first but please consider leaving a bequest to Golden Slipper Gems by adding us to your will.

Please call Marcia Garrell at 610-359-8632 x10.

**Program Sponsor
Bernard and Etta
Weinberg Fund**

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GOLDEN SLIPPER
Gems

In Bucks County

Debbie Rose, Director
267-984-0722 or
drose@goldenslipper.org

EARLY FALL SEMESTER

2019

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In Bucks County



Enrichment
for Older Adults

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Welcome to Golden Slipper Gems in Bucks County.

We hope you'll take part in our enrichment programs for older adults.

EARLY FALL SEMESTER 2019

MONDAYS

4 WEEKS SEPTEMBER 9 – OCTOBER 7 (NO CLASS ON SEPTEMBER 30)

Tai Chi

▶ 10:00 AM–11:00 AM | COURSE FEE: \$40

Instructor: Robert Langley, Tai Chi Expert, Dao Concepts

This series of Tai Chi classes concentrates on relieving the physical effects of stress on the body and mind. Learn a combination of contemporary and traditional Tai Chi focusing on health, meditation and martial arts so you can truly understand the benefits of Tai Chi. This program will focus on Tai Chi basics and the following Yang Style Tai Chi forms: 10 Step, 16 Step, and 24 Step.

Speaker's Forum

▶ 11:15 AM–12:15 PM | FULL COURSE FEE \$32

In this course, we bring you an exceptional variety of topics and speakers. Our line-up of guests includes (in order of appearance): Shira Goodman, Executive Director CeasefirePA, *What is Pennsylvania Doing about Gun Violence?*; Cathryn Miller-Wilson, Executive Director HIAS, *Refugees in Philadelphia and the United States*; Fred Blum, President Jewish Genealogical Society of Greater Philadelphia, *Locating People Through Genealogy*; Orit Alon, Financial Advisor, *The Israeli Valley, Israel's Technological Achievements with Perspective to the US Economy*.

THURSDAYS

5 WEEKS SEPTEMBER 12 – OCTOBER 10

Brains and Balance

▶ 10:00 AM–11:00 AM | COURSE FEE: \$40

Instructor: Bob Fischer, certified Personal Trainer and Silver Sneaker instructor, National Personal Training Institute.

Discover how much fun brains and balance training can be while you exercise your mind and body. This innovative workshop is a clever combination of specific activities designed to improve your memory, conceptualization and problem solving skills. In addition you'll learn easy exercises to strengthen your core.

Movies: Behind the Jewish Lens

▶ 11:15 AM–12:30 PM | COURSE FEE: \$40

Instructor: Irv Slifkin, Professor of Film and Communications at Temple University and Rowan College.

This entertaining and informative series will delve into different aspects of films of all sorts with Jewish and local connections through great clips and expert commentary. Topics will include "Jewish Humor Goes to the Movies" featuring such entertainers as Eddie Cantor, The Marx Brothers and many more; "Filmadelphia" will highlight films that were shot in the Delaware Valley; "Great Jewish Directors" will feature screen superstars such as Billy Wilder and Stanley Kubrick; "Great Jewish Actresses" will include Lauren Bacall, Natalie Portman and others.

Class Location

Shir Ami

101 Richboro Road, Newtown, PA

Golden Slipper Gems is a great place to connect with friends and meet new people. Our diverse speakers will stimulate your passion for learning and you'll keep returning to sample all that we have to offer.

For more information, visit GoldenSlipperGems.org.

Mail-In Registration

EARLY FALL SEMESTER 2019

INDIVIDUAL COURSE SELECTION ONLY

NAME

ADDRESS

CITY

STATE

ZIP

PHONE

EMAIL

Mondays

- Tai Chi \$40
- Speaker's Forum \$32

Thursdays

- Brains and Balance \$40
- Movies: Behind the Jewish Lens \$40

PAYMENT (total Amount Enclosed)

\$



In Bucks County

Mail completed form (BOTH SIDES) with payment to:

Golden Slipper Gems in Bucks County
257 E. Lancaster Avenue, Suite 200
Wynnewood, PA 19096

Please make checks payable to:
Golden Slipper Gems

Or register online at goldenslippergems.org

Questions?
Call Debbie Rose at 267-984-0722

SAVE THE DATE!

Late Fall Semester
October 17 – November 25

Register and pay for courses
via credit card on-line.

Credit cards not taken on location, only on-line.

Go to: GoldenSlipperGems.org